



आदिवासी शैक्षणिक संशोधन संस्था, सडक/अर्जुनी जि.गोंदिया द्वारा संचालित
एस. चंद्र महिला महाविद्यालय आमगाव जि. गोंदिया
(कला व गृह-विज्ञान विद्याशाखा)

Accredited with "B" Grade by NAAC Banguluru
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DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

The Department of Physical Education and Sports at S. Chandra Mahila Mahavidyalaya forms a vital core of the institution's commitment to holistic student development. Managed under the leadership of **Dr. Ajay A. Moon (M.P.Ed., M.Phil., Ph.D.)**, the department actively promotes physical fitness, structural discipline, and competitive spirit among women students in the rural Gondia region.

The college offers standard, well-maintained sports infrastructure for a wide range of athletic activities, driving extensive student participation and notable regional achievements.

Comprehensive Sports Infrastructure & Facilities

The college provides a dedicated environment for both indoor and outdoor sports. This ensures students can train regularly regardless of seasonal weather conditions.

1. Outdoor Games & Field Facilities

The expansive, open-field playground is systematically maintained to support team sports and track events:

- **Kabaddi:** Regulatory mud-court installations utilized for daily training drills, physical endurance building, and local tournaments.
- **Kho-Kho:** A dedicated playground setup marked for traditional Indian chasing sports to test speed and agility.
- **Volleyball:** An open-air court equipped with standard net fixtures, boundary markers, and match training systems.
- **Badminton:** Outdoor court facilities where students practice foundational footwork and casual or competitive strokes.
- **Athletics & General Field:** Spaces reserved for track training, short sprints, long jump preparations, and fundamental physical training drills.

2. Indoor Games & Welfare Zones

The campus houses specialized indoor sports rooms designed for strategy games, mental concentration, and flexibility:

- **Chess:** Tournament-grade boards are available for cognitive conditioning and tactical match practices.
- **Carrom:** Multiple carrom board hubs are placed within the student recreation area to foster quick reflexes and recreational engagement.
- **Yoga & Fitness Hall:** Open spaces designed for regular morning yoga blocks, group meditation circuits, and core flexibility development.

Students Participation and Selection Frameworks

The college promotes high athletic inclusion through structured, multi-tier opportunities across the academic calendar:

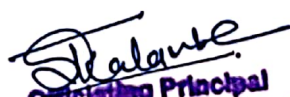
- **Annual Institutional Sports Week:** Organized during the even semesters, this campus festival sees widespread internal participation, allowing students across all years of B.A. and B.Sc. Home Science to compete in inter-departmental tournaments.
- **RTMNU University Selection Trials:** Under the direct guidance of Dr. Ajay A. Moon, the department screens and prepares raw talent for the official selection rosters of Rashtrasant Tukadoji Maharaj Nagpur University (RTMNU) teams.
- **Inclusive Physical Education Policy:** All incoming first-year students undergo fitness mapping to align them with sports categories that match their natural physical strengths and interests.

Key Athletic Achievements & Student Support

S. Chandra Mahila Mahavidyalaya, Amgaon rewards and celebrates excellence in sports,

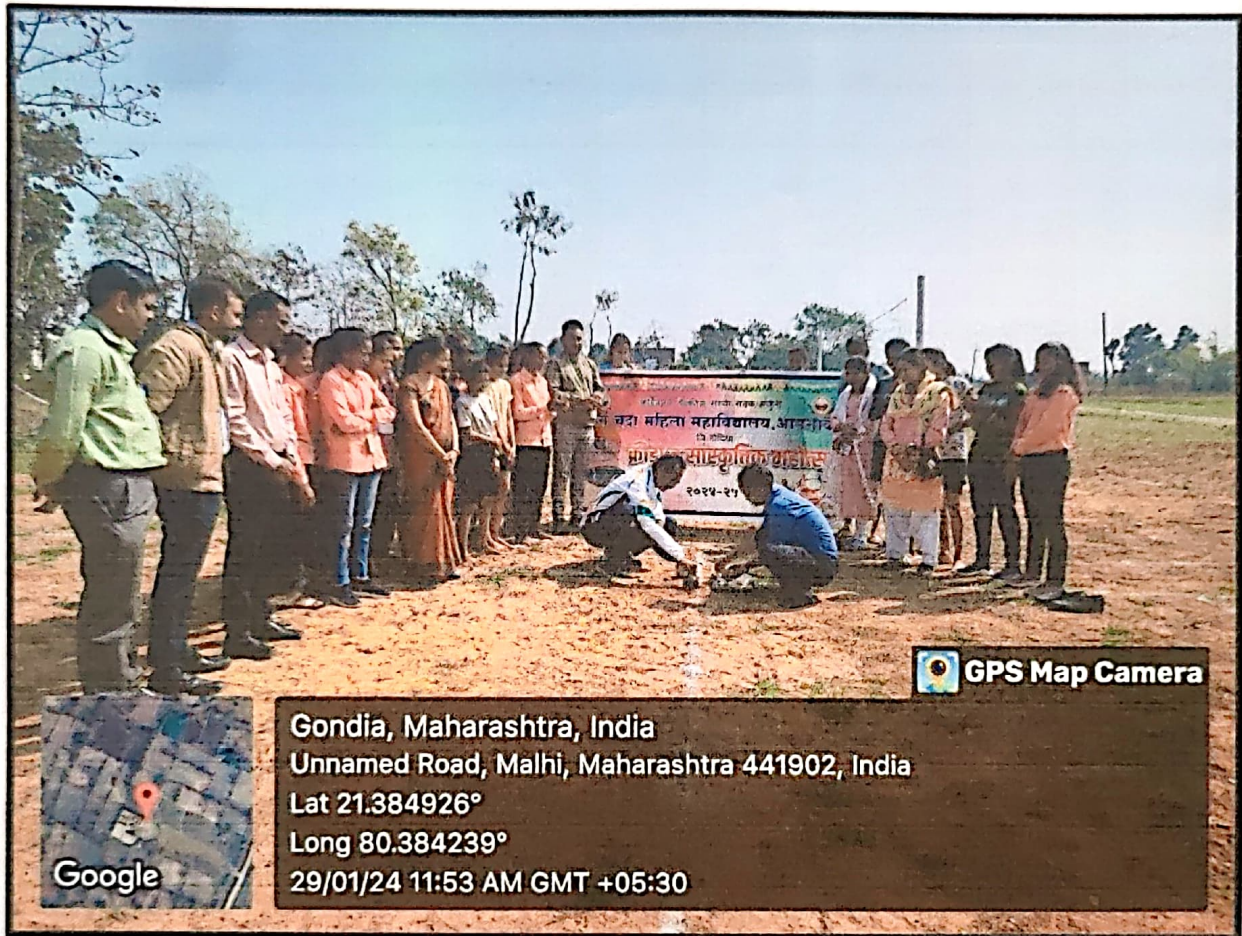
driving students to excel beyond local fields:

- **University-Level Representation:** Students routinely clear regional brackets to participate in inter-collegiate and university-level athletic meets organized under the RTMNU banner.
- **Institutional Incentives:** To lower financial boundaries for young women athletes, the college provides comprehensive support for external competitions, including:
 - Fully funded travel allowances and registration fees for outstation tournaments.
 - Free allocation of standard sports kits, equipment, and protective gear.


Officiating Principal
S. Chandra Mahila Mahavidyalaya
Amgeon, Dist. Gandia



SPORTS & GAMES

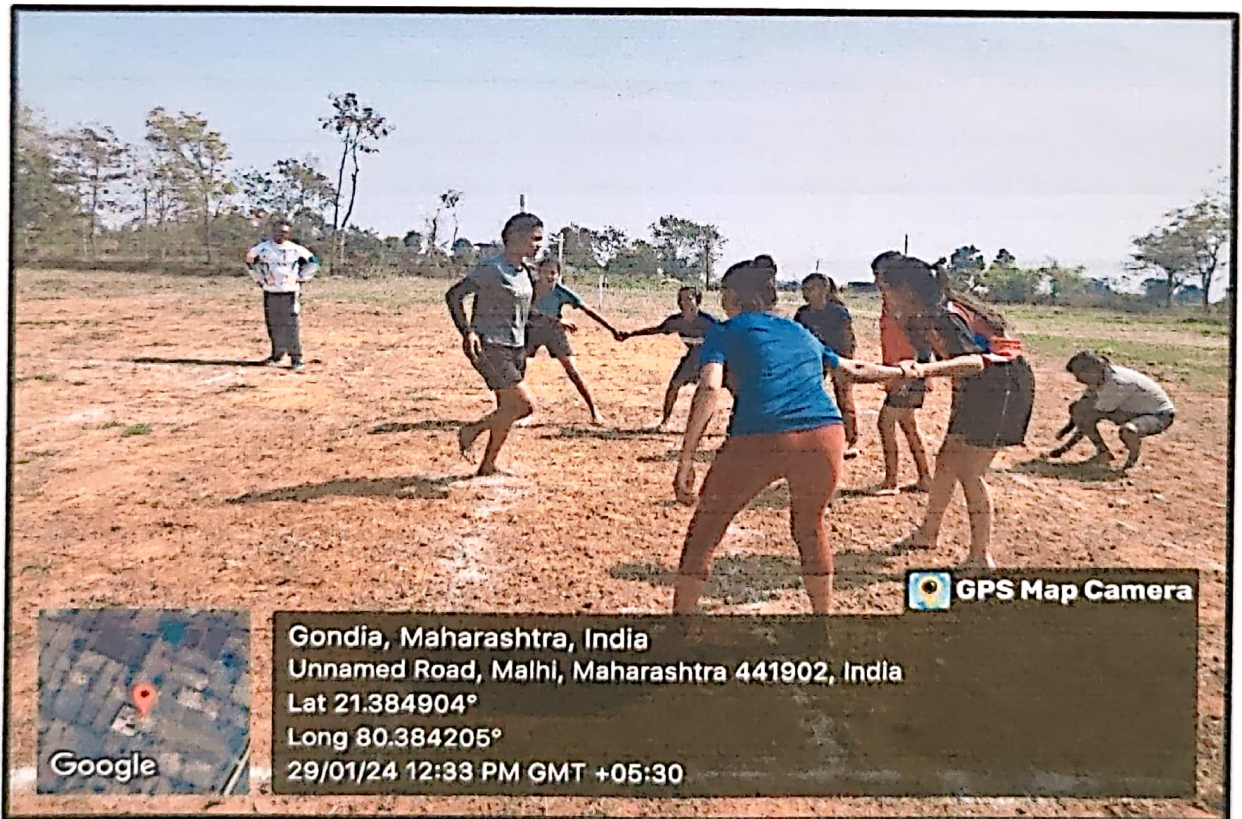


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KABADDI COMPETITION



S. D. Salunke
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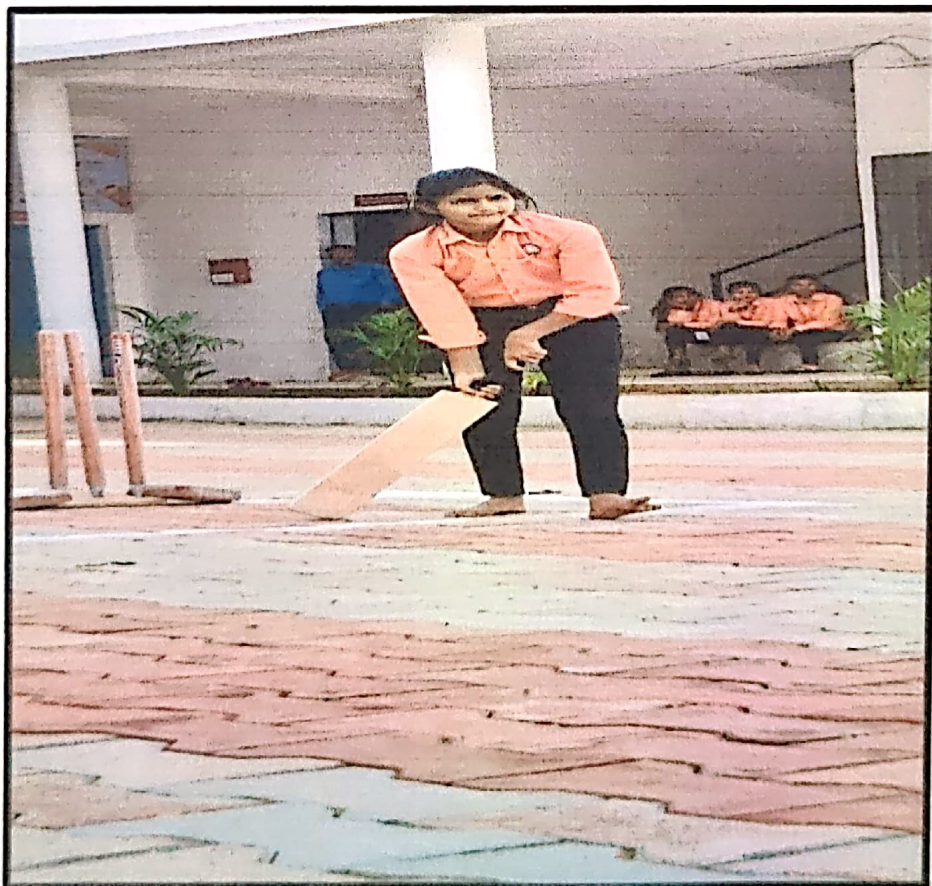
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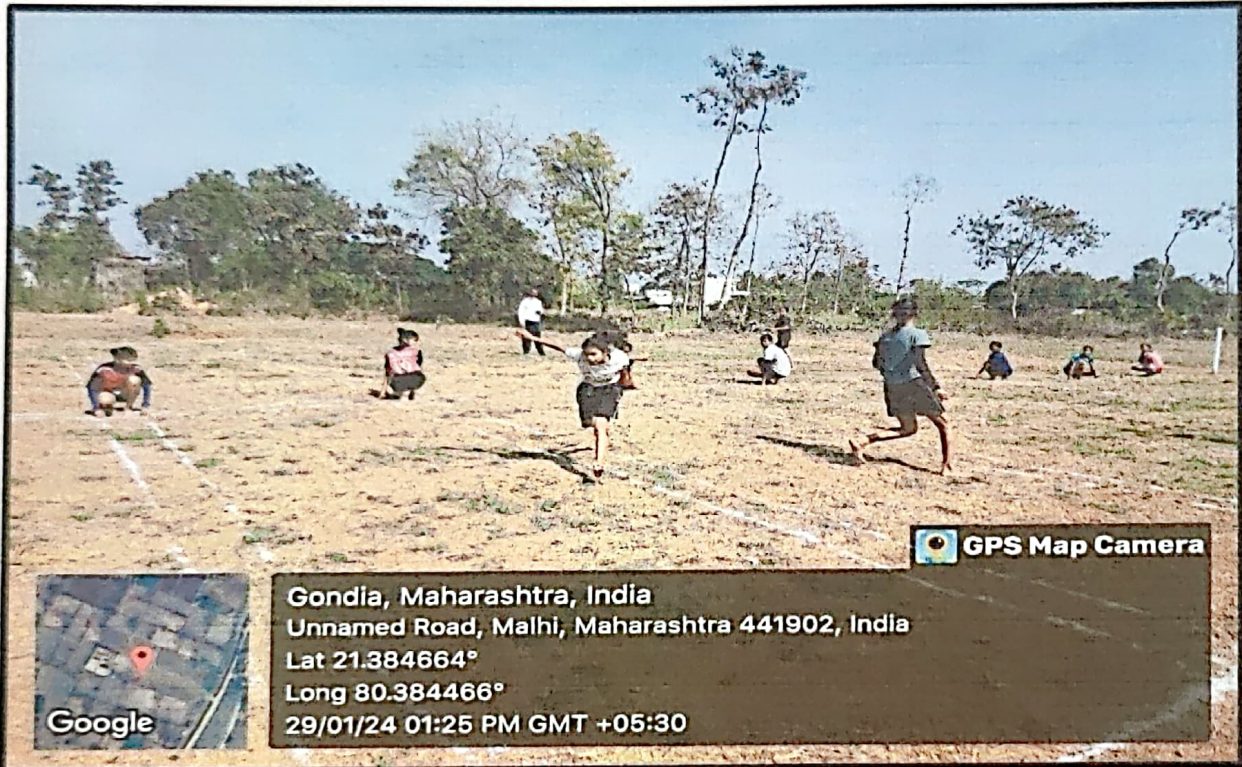
CRICKET COMPETITION



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KHO-KHO COMPETITION

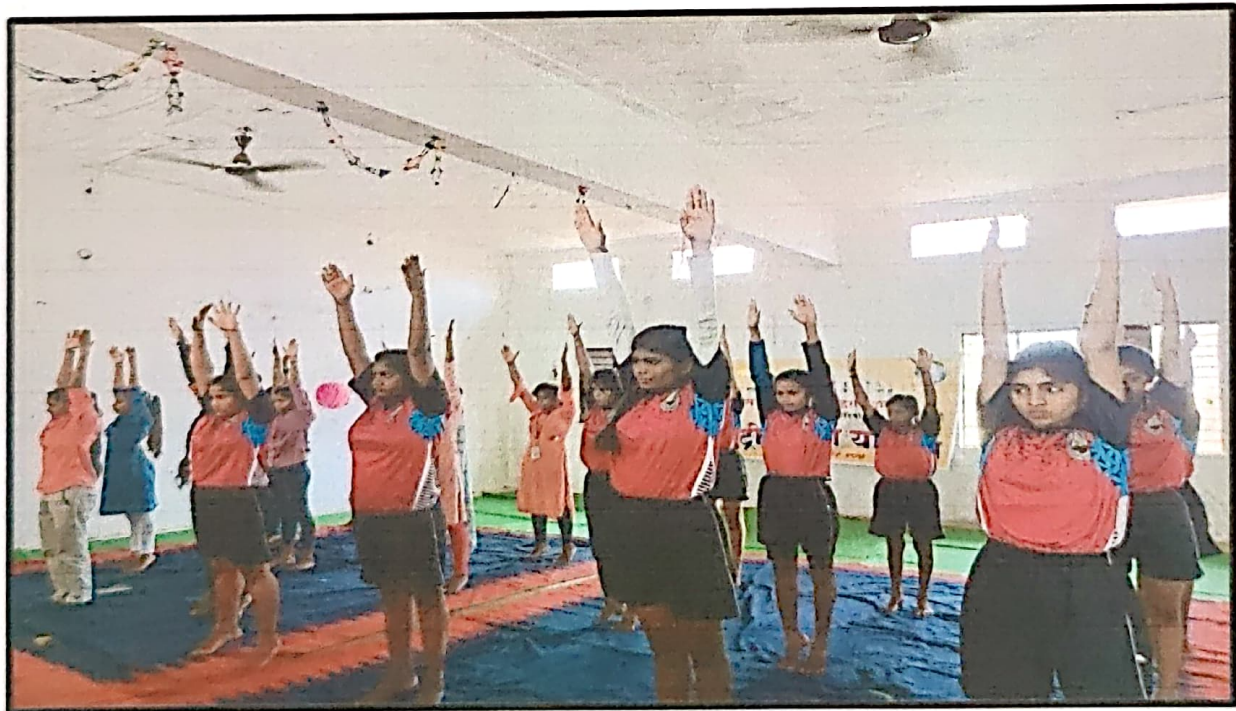
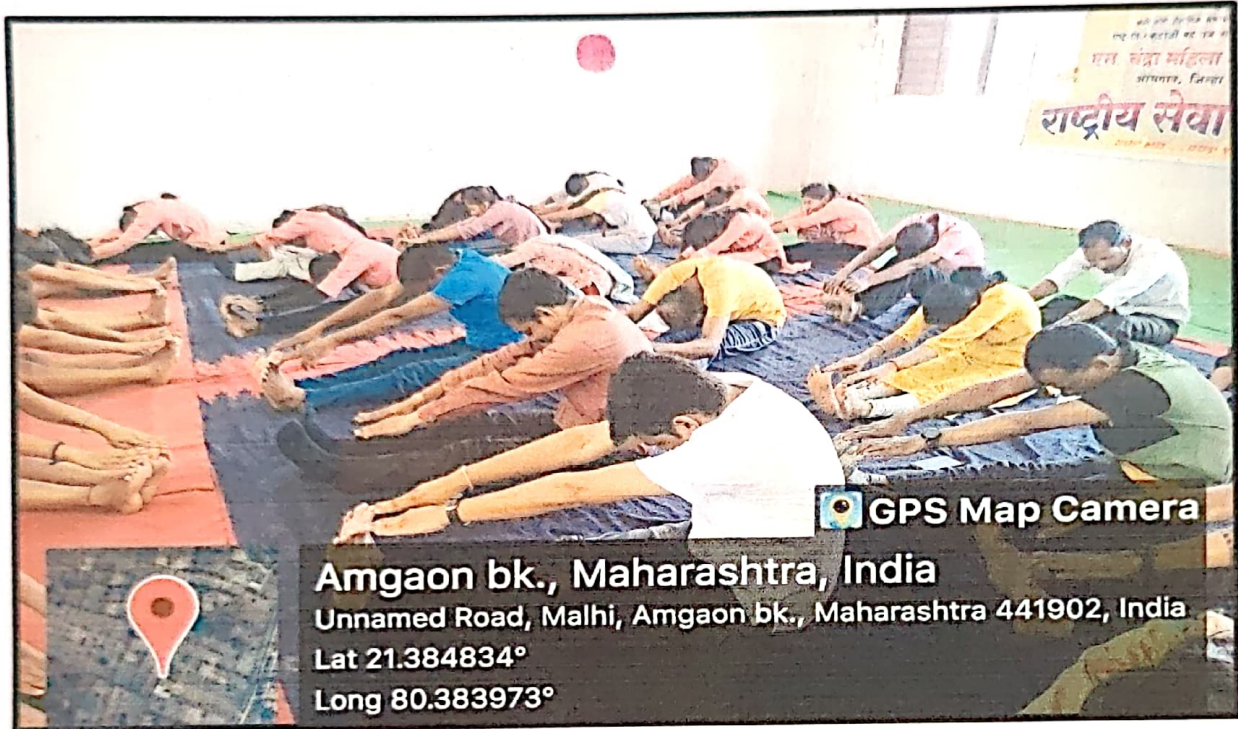


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YOGA DAY PHOTOS



Dr. Anurag
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CHESS COMPETITION



Shalabe
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CARROM COMPETITION



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STUDENTS ACHIEVEMENTS



S. Kalanbe
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